



*We are located 5 minutes from the beautiful Gregoire Lake*

## ABOUT US

The Mark Amy Treatment Centre is located 25 minutes south of Fort McMurray Alberta. With program is 56 days in length, co-ed, and blends tradition teachings with evidence based treatment practices. With 14 beds

## WE ARE...

- CAC Accredited with a designation of Excellence
- Abstinence based
- Holistic, Integrated, Biopsychosocial, Spiritual, Treatment Model
- Trauma informed
- Culturally focused
- Strengths based
- Committed to a goal of decolonized individuals and communities



## WE OFFER...

- Psychoeducation in a therapeutic group setting
- Individualized therapy & client care
- CBT, Narrative, DBT, Solution Focused, etc. therapies
- Yoga & fitness therapies
- Art Expression
- Daily traditional indigenous ceremonial practices
- 12 step support groups
- Couples / Family Counselling
- Flexible, open ended treatment options
- Aftercare planning & referral
- Refresher weekends / days
- 2 week follow-up stays

## CONTACT US

☎ Phone: 780-334-2398

🌐 [www.markamytreatmentcentre.com](http://www.markamytreatmentcentre.com)

🌐 [www.woodbuffalowellnesssociety.com](http://www.woodbuffalowellnesssociety.com)



# Mark Amy Treatment Centre



**Intensive Residential Treatment  
Program for Addiction Recovery**



*"Mark Amy gave me the tools to change my future, I am so thankful I came here at this time in my life. I'm happier every day and I love myself and my life." (C.S)*

## BLENDING PROGRAMMING

Our programming blends traditional knowledge and ceremonies with best practices and evidenced based addiction treatment. Not only do our clients gain the opportunity to explore culture, they are also offered treatment from leading modalities, and research.

## CULTURALLY BASED

The Mark Amy Treatment Centre prides itself on offering culturally relevant addictions treatment. We not only invite Elders into our facility to teach and perform ceremonies, but also weave culture and traditional practices into our clients' daily lives.

## FAMILY FOCUSED

We feel that in order to be most effective at healing on the communal, family, and individual levels, we must focus on the entire family system with a complete understanding of intergenerational impacts of trauma and addictions. Our programming puts great emphasis on education, culture and hands on experiential learning to build awareness needed to make change.



*Strengthening families, by healing generations*

## ENHANCED PROGRAMMING... THE EXTRA MILE

The Mark Amy Treatment Centre implements, in addition to regular programming, a full parenting skills group. We feel that this gives parents the best chance at breaking the cycle of addiction and abuse, and raising happy healthy children.

In addition, we provide advanced life skills training such as budgeting, finances, managing a household, balanced traditional nutrition, resume building and interview skills.

We work with partner agencies to provide education within the community.

In 2015 we joined forces with the Janvier Workforce Strategy to provide an in community Addictions / Life Skills program with the mandate of improving quality of life for the community through addressing addictions and preparing individuals for workforce entry. This program runs the full calendar year.

## OUR MISSION...

In the spirit of humility and grace, we will endeavor to help anyone who needs our support in achieving freedom from the devastation of addiction for as long as they need us. Our core values will guide how we do this vital work

## OUR VISION...

Through utilizing integrated evidence-based western practices and traditional indigenous teachings we will provide excellence in holistic treatment. Ensuring a respectful, friendly and inclusive environment for our valued clients, we will facilitate their recovery from addictions and assist clients to improve the quality of their life, the lives of their families and the ultimately the health of our communities.

