

Wood Buffalo Wellness Society

# HEALTH CARE AIDE

# Job Description

# **Position Summary**

Reporting to the LPN on shift, the Health Care Aide, will provide care and support for the residents of Tawâw living in the supportive living units who have medical conditions or major functional limitations. They will provide personalized support services to enable the residents to be as independent as possible in the community.

# Key Responsibilities

- assist residents with bathing, grooming and dressing, and other personal hygiene activities
- assist with bed transfers, lifting, turning, walking and crutch walking
- ensure the safety of the residents, themselves and others
- communicate with residents, and observe and report on resident condition
- promote a harm reduction model of service
- ensure confidentiality and security of personal health information of residents
- provide education and information regarding health promotion and disease prevention
- Work collaboratively as a member of a team
- follow care plans as delegated by the community nurse and/or Lead LPN
- assist resident in all activities of daily living including hygiene assistance, medication reminding, bathing, grooming, linen changes, and so forth
- assist residents with transfers, ambulation and exercises
- meet the safety needs of the resident and uses equipment safely and properly maintains accurate documentation, according to established procedures, reflecting each resident's condition, care and treatments
- complete records accurately and carries out all assignments as requested
- report any significant changes to the Lead LPN immediately
- attend case conferences as requested by the Lead LPN
- attend staff meetings as required to know changes in company policies and procedures and participate in in-services
- coordinate the organization of recreational opportunities such as movies, arts and crafts, cultural programming, gardening
- coordinate cultural outings for residents, (e.g. pow wows, round dance, healing circles, sweet grass picking)
- facilitate the creation of employment opportunities for residents (e.g. kitchen, cleaning, small maintenance, painting, janitorial etc.)

# **Qualifications**

#### Formal Education

Must be graduates of approved educational post-secondary institution in Alberta offering a course in health care aide or personal care aide or community support worker.

# Experience

- At least two years
- Experience working with individuals of aboriginal ancestry would be an asset

# Special Knowledge/Skills

- Good communication and interpersonal skills
- The ability to work independently and as part of a team
- A commitment to life-long learning
- An honest and caring attitude
- Professional demeanor
- Understanding, patient, gentle and non-judgmental
- Able to use tact and judgment in dealing with difficult situations
- Sensitive to the physical, social, cultural, spiritual and psychological realities of Individual of Aboriginal ancestry
- respect the resident's right to privacy and to be treated with dignity
- An understanding of people with brain injury, mental health, addiction issues